

# 2003 Mental Health Awards for Excellence



Carla Carter (right) with Seth Bernstein (left).  
Seth is the Executive Director of ABHA.

## Carla Carter, Consumer

Carla is a consumer representative on Accountable Behavioral Health Alliance's (ABHA's) Consumer Advisory Board and Quality Management Committee. She persisted in recommending that ABHA include a consumer representative on their audit team. They accepted her recommendations resulting in a meaningful role for both the consumer representative and ABHA's Consumer Specialist. None of these accomplishments would have occurred if it had not been for her creative thinking, keen reasoning, and incredible persistence. Carla's contributions have enabled adults with serious mental illness and children with serious emotional disturbances to live, work, learn, and participate fully in their communities.

### *Other award recipients included:*

- Nancy Barnett, NAMI-Oregon volunteer
- Alexander Burt, M.D., a psychiatrist at the DHS Oregon State Hospital
- Angela Kimball, NAMI-Oregon public policy coordinator
- Mary Rumbaugh, Clackamas County Mental Health case manager
- Thuy Vanderlinde, LCSW, Multnomah County Department of Community Justice, Clinical Services
- Sondra Shineovich, Adult Foster Home Provider, Clackamas County
- Vicki Long, Mountain Valley Mental Health Programs

Carla Carter and Heather Crowe-Martinez were two of nine individuals to receive awards this year.

The awards were presented in a ceremony in the Capitol Galleria on Oct. 8. The awards are sponsored by the DHS Office of Mental Health and Addiction Services (OMHAS), the Oregon chapter of the National Alliance for the Mentally Ill (NAMI) and the Oregon Psychiatric Association.



Heather Crowe-Martinez (Left) with Rick Treleaven (Right).  
Rick is the Executive Director of BestCare Treatment Services, the Mental Health program in Jefferson County

## Heather Crowe-Martinez, Best Care Treatment Services

Heather provides the leadership that built community trust and allowed Heather and the Best Care Treatment Services staff to increase the mental health services utilized by residents of Jefferson County. She uses relationships with the community to help determine the need for mental health and addiction services. Her leadership resulted in improved access for Hispanic people and Warm Springs tribal members who need services.